WHAT IS CLAIMED IS:

1. An information processing apparatus comprising: a storage section to store data; and an input/output control section to give and receive information to/from an input/output device based on the data stored in said storage section,

wherein said input/output control section gives instructions about electric power conditions to said input/output device, regardless of whether or not to transfer input data from said input/output device or output data to said input/output device.

2. An information processing apparatus according to claim 1, wherein said storage section stores a management table showing a relationship between times and electric power saving control instructions of the input/output device, and

said input/output control section gives the instructions to said input/output device according to said management table.

- 3. An information processing apparatus according to claim 1, wherein said instructions are given to allow predetermined electric power conditions to be maintained for a predetermined time period.
- 4. An information processing apparatus according to claim 1, wherein said input/output device is a display device, and

said instructions are given to limit brightness of the display device.

- 5. A program product executable by a computer for allowing an information processing apparatus to give instructions about electric power conditions to an input/output device, regardless of whether or not input data from said input/output device or output data to said input/output device is transferred.
- 6. A program product according to claim 5, wherein said input/output device is a display device, and said output data is image data.

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An information processing system comprising: an
information processing apparatus comprising a storage
            Intormation processing apparatus comprising a storal device!

Intormation processing and an information or one data; and information to store data; section
                                     wherein said information processing
wherein said information control section to
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An information processing system according to
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                                                                                                                                                                                                                                                                                                                                                 a packlight. processing system according to An information processing system
                                                                                                                                                                                                                             9. An information processing system according to the LCD device is the LCD of the said input/output device is the LCD claim 8, wherein said input/output device is the LCD of the said input/output device is the LCD of the LCD of the said input/output device is the LCD of the LCD of the said input/output device is the LCD of the L
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                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               storing data in a storage section; and
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                                                                                                                                                                                                                                                                                                                                                                giving and receiving information to from section and input output device by an input atorage section.

an input output device in said storage section.
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 wherein said input/output
                                                                                                                                                                                                                                                                                                                                                                            an input/output device by an input/output section, said storage section, hased on the data stored in said storage section, hased on the data stored in said storage section, and input/output control in said storage section.
                                                                                                                                                                                                                                                                                                                                                                                                        wherein said input/output conditions to electric power conditions about electric power of whather or not accordance of whather or not accordance of whather or not conditions about electric power or not conditions.
                                                                                                                                                                                                                                                                                                                                                                                                                    gives instructions about electric power conditions to not date said input/output device, inpu
                                                                                                                                                                                                                                                                                                                                                                                                                                     said input/output device, regardless of whether or not data

regardless of whether or 
                                                                                                                                                                                                                                                                                                                                  steps of:
                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              anput/output device is transferred. according to processing method according to information processing method.
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storing a management table showing a relationship between times and electric power saving control instructions of the input/output device; and

giving instructions by said input/output control section to said input/output device according to said management table.

- 12. An information processing method according to claim 10, wherein said instructions are given to allow predetermined electric power conditions to be maintained for a predetermined time period.
- 13. An information processing method according to claim 10, wherein said input/output device is a display device, and

said instructions are given to limit brightness of the display device.

14. An information processing method comprising the steps of:

storing data in a storage section in an information processing apparatus; and

giving and receiving information between said information processing apparatus and an input/output device by an input/output control section,

wherein said input/output control section gives instructions about electric power conditions to said input/output device, regardless of whether or not to transfer input data from said input/output device or output data to said input/output device, and

said input/output device controls the electric power conditions based on said instructions.

- 15. An information processing method according to claim 14, wherein said input/output device is an LCD comprising a backlight.
- 16. An information processing method according to claim 15, wherein said input/output device is the LCD comprising the backlight, and

said LCD limits brightness of said backlight by reducing output electric power of an

inverter for driving a cold-cathode tube or by shortening an illuminating time period in a lighting control cycle.

- 17. An information processing method according to claim 10, wherein said input/output device is a speaker, and said instructions are given to reduce an output of said speaker during a predetermined time period.
- 18. An electric power reduction monitor management method, wherein a task management application program for relating times to power saving settings of the monitor device is stored in a computer terminal in advance and electric power saving control of said monitor device is performed according to the settings of said task management application program, even when a video signal is input to said monitor device from said computer terminal.